



**ACTIVITY CLUSTER  
FOR  
REGISTRATION  
(Abseiling – Natural)**

VERSION 1.0

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## ABSEILING (NATURAL)

Competency requirement for jobs/functions within the industry

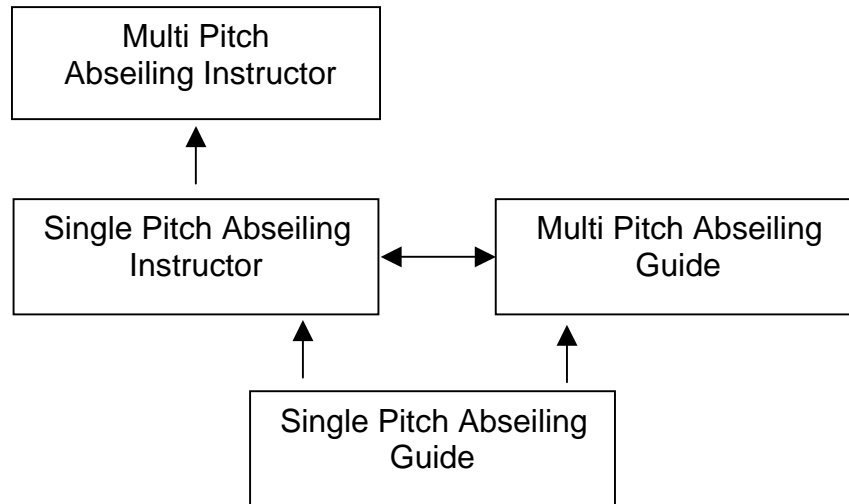
This document contains information on the **minimum competencies** required to achieve Registration within the National Outdoor Leader Registration Scheme at specific levels within the activity of **abseiling on natural surfaces**.

The fluid nature of outdoor recreation programs means that the particular competencies required are dependent on the situation. Whilst there are some competencies that will vary little between programs and the environment (eg, Implement minimal environmental practices), there are other competency requirements that will vary a great deal. This is due to the diversity of the programs and the environmental settings where they occur (eg, the ability to interpret weather conditions in the field may be appropriate for those conducting abseiling activities in wilderness Tasmania, but not for conducting abseiling activities on a cliff face in suburban Brisbane). The “appropriate” competencies for a particular situation are those that are suitable for a particular person, condition, occasion, client group or location. “Appropriate” also refers to what a reasonable and prudent professional would do. There are four basic interactive variables that can be formed into a matrix that will determine what are “appropriate” competencies required of an Outdoor Guide or Instructor in any given situation:

1. **Kind of environment:** This includes both physical locations (mountain, river, lake, desert, school grounds) and legal requirements (private property, institution, National Parks, Forestry Service). Among the physical variables are weather, distances from the road head and difficulty of terrain.
2. **Kind of activity:** These include the different outdoor recreation activities
3. **Level of technical expertise:** of staff
4. **Profile of clients:** This is determined by age gender, physical and mental abilities, and psychological, social and cultural backgrounds.

It is the responsibility of a particular employer, organisation, government agency or resource manager to determine the "appropriate" competencies required, based on a risk analysis of the type of program(s), situations, clients and conditions. It should therefore be noted that additional competencies over and above those specified as a minimum within this document may be deemed necessary in some circumstances.

The levels within the Registration Scheme are based on defined job roles or functions within a specific activity. In the case of abseiling, the functions have been defined according to the following structure, which also provides an indication of the sequence in which the required competencies would normally be achieved.



Within the Registration Scheme, the following definitions are used to describe the roles performed:

<b>Role/function</b>	<b>Description</b>
Client	A person whose welfare is the responsibility of a Guide or Instructor.
Guide	A person who possesses relevant outdoor recreation activity specific competencies to lead or guide clients in that activity. There is no intention of imparting skills or knowledge to clients beyond that which is necessary to enable their safe participation in the activity. At the end of a session or program with a guide, the intent is not for the client to have acquired the skills to independently participate in the activity.
Instructor	A person who facilitates skill transfer or development to clients in order that they may act independently within the context in which they were instructed. This requires the instructor to be able to transfer required skills and knowledge, apply a variety of appropriate instructional strategies, and assess participant's skill and knowledge acquisition during and at the end of a program or session.

## **SINGLE PITCH ABSEILING GUIDE (NATURAL SURFACES)**

### **Description:**

A person designated as a Single Pitch Abseiling Guide (Natural Surfaces) within the National Outdoor Leader Registration Scheme has the competencies that enable them to work autonomously within a defined range of skilled operations. These should involve known routines, methods and procedures, where some discretion and judgement is required in the selection of equipment, services or contingency measures and within known time constraints.

Single pitch abseiling guides may work within clearly defined contexts conducting single pitch abseiling activities acting according to clearly defined Standard Operating Procedures and relevant documented guidelines. Persons with this level of competence may only work at sites which:

- Provide the opportunity for single pitch abseiling;
- Have natural and/or fixed anchors;
- Have been deemed as appropriate abseiling sites by a person with competencies equivalent to a multi-pitch abseiling guide. (This analysis of suitability may result in the establishment of a recognised local abseiling site, or sites assessed and used by specific organisations).

A person with the level of competence defined as the minimum for a single pitch abseiling guide does not have the ability to adequately assess the suitability of a new abseiling site and its anchors.

Persons with this level of competence may also work as an assistant with a more experienced leader in potentially non-routine or more complex activities and programs (eg, in multi-pitch situations).

### **Knowledge and skill requirements:**

#### *(a) Leadership & Management skills*

<b>Unit Code</b>	<b>Unit Title</b>
<b>SRXEMR001A</b>	<b>Respond to emergency situations</b>
<b>SRXFAD001A</b>	<b>Provide first aid</b>
<b>SRXGRO001A</b>	<b>Facilitate a group</b>
<b>SRXGRO002A</b>	<b>Deal with conflict</b>
<b>SRXINU002A</b>	<b>Apply sport and recreation law</b>
<b>SRXOHS001B</b>	<b>Follow defined Occupational Health and Safety policy and procedures</b>
<b>SRXRIK001A</b>	<b>Undertake risk analysis of activities</b>

#### *(b) Outdoor recreation and abseiling specific skills*

<b>Unit Code</b>	<b>Unit Title</b>
<b>SROABN003A</b>	<b>Apply single pitch abseiling skills on natural surfaces</b>
<b>SROABN004A</b>	<b>Establish ropes for single pitch abseiling on natural surfaces</b>
<b>SROABN007A</b>	<b>Guide abseiling on natural surfaces (single pitch)</b>
<b>SROOPS002B</b>	<b>Plan for minimal environmental impact</b>
<b>SROOPS003B</b>	<b>Apply weather information</b>
<b>SROODR002A</b>	<b>Plan outdoor recreation activities</b>
<b>SROODR005A</b>	<b>Guide outdoor recreation sessions</b>
<b>SROVTR001A</b>	<b>Perform vertical rescues</b>

The units of competency in bold need only be achieved once, in a generic context, and do not need to be demonstrated in the context of single pitch abseiling. All other units must be assessed in a single pitch abseiling context.

Critical Aspects of a single pitch abseiling guide's competence:

- Knowledge of, and compliance with, relevant Occupational Health and Safety requirements
- Contribution to participative arrangements for the management of Occupational Health and Safety
- Knowledge of, and compliance with, relevant laws and legal requirements
- Group facilitation skills and conflict resolution strategies
- Application of risk analysis principles in an abseiling context
- Response to emergency situations and performance of self rescue and rescue of clients including release of jams, assistance to frozen abseilers, approach from above and below, ascent and descent of rope, raising and lowering of conscious abseiler, raising and lowering of unconscious abseiler with assistance)
- Knowledge of first aid procedures relevant to abseiling
- Knowledge of equipment storage and maintenance requirements relevant to abseiling equipment
- Knowledge of environmental impact issues associated with abseiling
- Ability to apply and interpret weather information relevant to an abseiling activity
- Ability to plan and guide an abseiling session appropriate to the clients needs, available resources and environmental limitations
- Independent selection of abseil equipment appropriate to the situation and clients
- Underpinning knowledge about abseiling equipment (advantages, disadvantages, limitations)
- Information about sites to abseil (appropriate to skill level)
- Selection of natural anchors (eg, trees, rock bollards) and fixed anchors (eg, bolts, chains)
- Rigging of ropes using single and multiple anchors
- Establishment of belay systems at the top of the pitch
- Establishment of belay systems at the bottom of the pitch
- Efficient belaying of clients to accommodate different client abilities and situations
- Maintenance of a client's physical and emotional safety during an abseiling session
- Efficient abseiling in single pitch situations using a self belay.

*(a) Leadership and Management Skills*

<b>Unit of competency</b>	<b>Aspects to be addressed</b>
<b>SRXEMR001A Respond to emergency situations</b>	<ol style="list-style-type: none"> <li>1. Evaluate the emergency</li> <li>2. Develop a plan of action</li> <li>3. Control the emergency</li> <li>4. Debrief the emergency</li> </ol>
<b>SRXFAD001A Provide first aid</b>	<ol style="list-style-type: none"> <li>1. Assess the situation</li> <li>2. Apply basic first aid techniques</li> <li>3. Communicate details of the incident</li> </ol>
<b>SRXGRO001A Facilitate a group</b>	<ol style="list-style-type: none"> <li>1. Plan the establishment of a group</li> <li>2. Monitor group formation</li> <li>3. Develop group commitment and cooperation</li> <li>4. Facilitate group processes</li> <li>5. Manage and facilitate group performance</li> </ol>
<b>SRXGRO002A Deal with conflict</b>	<ol style="list-style-type: none"> <li>1. Identify conflict situations</li> <li>2. Implement conflict resolution strategies</li> <li>3. Use effective interpersonal skills</li> </ol>
<b>SRXINU002A Apply sport and recreation law</b>	<ol style="list-style-type: none"> <li>1. Identify laws applicable to the sport and recreation industry</li> <li>2. Ensure compliance with legal requirements</li> </ol>
<b>SRXOHS001B Follow defined Occupational Health and Safety policy and procedures</b>	<ol style="list-style-type: none"> <li>1. Follow workplace procedures for hazard identification and risk control</li> <li>2. Contribute to participative arrangements for the management of Occupational Health and Safety</li> </ol>
<b>SRXRIK001A Undertake risk analysis of activities</b>	<ol style="list-style-type: none"> <li>1. Establish the context of the risk analysis</li> <li>2. Identify risks associated with an activity</li> <li>3. Conduct risk analysis of an activity</li> <li>4. Undertake risk assessment of an activity</li> <li>5. Treat risks associated with an activity</li> <li>6. Monitor and review the risk management plan for an activity</li> </ol>

*(b) Outdoor recreation and single-pitch abseiling specific skills*

<b>Unit of competency</b>	<b>Aspects to be addressed</b>
<b>SROABN003A Apply single pitch abseiling skills on natural surfaces</b>	<ol style="list-style-type: none"> <li>1. Plan for the activity</li> <li>2. Select, fit and use abseiling equipment</li> <li>3. Demonstrate correct abseiling technique</li> <li>4. Avoid hazards when abseiling</li> <li>5. Apply safety procedures</li> <li>6. Establish belaying position</li> <li>7. Demonstrate suitable belaying technique</li> </ol>
<b>SROABN004A Establish ropes for single pitch abseiling on natural surfaces</b>	<ol style="list-style-type: none"> <li>1. Choose solid and secure natural and/or fixed anchors</li> <li>2. Select and set up a belay system</li> <li>3. Rig rope pitches for safety and ease of use</li> </ol>
<b>SROABN007A Guide abseiling on natural surfaces (single pitch)</b>	<ol style="list-style-type: none"> <li>1. Plan an abseiling activity for clients</li> <li>2. Select appropriate equipment for the group</li> <li>3. Establish the abseil</li> <li>4. Brief the clients</li> <li>5. Maintain the welfare of the group</li> <li>6. Supervise an abseiling activity safely</li> </ol>

<b>Unit of competency</b>	<b>Aspects to be addressed</b>
	<ol style="list-style-type: none"> <li>7. Conduct activity in a professional manner</li> <li>8. Complete post-trip responsibilities</li> </ol>
<b>SROOPS002B Plan for minimal environmental impact</b>	<ol style="list-style-type: none"> <li>1. Identify the interrelationships occurring within a natural environment</li> <li>2. Identify sources of environmental impact</li> <li>3. Identify sources of social impact</li> <li>4. Plan for minimal impact</li> <li>5. Implement methods to minimise impact</li> <li>6. Monitor and review minimal impact practices</li> </ol>
<b>SROOPS003B Apply weather information</b>	<ol style="list-style-type: none"> <li>1. Apply weather information</li> <li>2. Interpret weather information</li> </ol>
<b>SROODR002A Plan outdoor recreation activities</b>	<ol style="list-style-type: none"> <li>1. Make logistical arrangements</li> <li>2. Select and use suitable outdoor equipment</li> <li>3. Identify, plan and monitor food requirements</li> <li>4. Identify and plan for water needs and usage</li> <li>5. Identify and plan clothing requirements</li> <li>6. Participate in an outdoor activity</li> <li>7. Deal with non-routine situations</li> </ol>
<b>SROODR005A Guide outdoor recreation sessions</b>	<ol style="list-style-type: none"> <li>1. Collect information to plan a session</li> <li>2. Produce a session plan</li> <li>3. Resource a session</li> <li>4. Maintain clients' physical welfare</li> <li>5. Maintain a positive social environment</li> <li>6. Establish effective communication</li> <li>7. Ensure client safety</li> <li>8. Prepare clients to end the session</li> <li>9. Evaluate the session</li> </ol>
<b>SROVTR001A Perform vertical rescues</b>	<ol style="list-style-type: none"> <li>1. Ascend and descend a pitch using single rope techniques</li> <li>2. Negotiate simple obstacles to self-rescue</li> <li>3. Establish and use mechanical advantage systems</li> <li>4. Perform vertical rescues</li> </ol>

## SINGLE PITCH ABSEILING INSTRUCTOR (NATURAL SURFACES)

### Description:

A person designated as a Single Pitch Abseiling Instructor (Natural Surfaces) within the National Outdoor Leader Registration Scheme has the competencies that enable them to operate within a broad range of varied contexts that may be complex and non-routine. Leadership and guidance are involved when organising activities of self and others, as well as contributing to technical solutions of a non-routine or contingency nature.

A person with this level of competence may perform a broad range of skilled applications. These may include the evaluation and analysis of current practices, development of new criteria and procedures for performing current practices and provision of some leadership and guidance to others in the application and planning of the skills.

Single pitch abseiling instructors may work independently at a broad range of venues with a variety of different client groups. Persons with this level of competency have the ability to deal with complex, unpredictable and non-routine situations. Persons with this level of competence may only work at sites which:

- Provide the opportunity for single pitch abseiling;
- Have natural and/or fixed anchors;
- Have been deemed as appropriate abseiling sites by a person with competencies equivalent to a multi-pitch abseiling guide or instructor. (This analysis of suitability may result in the establishment of a recognised local abseiling site, or sites assessed and used by specific organisations).

Persons with this level of competence may also work as an assistant with a more experienced leader in potentially non-routine or more complex activities and programs (eg, in multi-pitch situations).

### Knowledge and skill requirements:

A single pitch abseiling instructor requires single pitch abseiling guide competencies **PLUS:**

*(a) Leadership & Management skills*

Unit Code	Unit Title
<b>BSZ404A</b>	<b>Train small groups</b>
<b>SRXEMR002A</b>	<b>Coordinate emergency response</b>
<b>SRXGRO003A</b>	<b>Provide leadership to groups</b>
<b>SRXOHS002B</b>	<b>Implement and monitor the organisation's Occupational Health and Safety policies, procedures and programs</b>

*(b) Outdoor recreation and abseiling specific skills*

Unit Code	Unit Title
<b>SROABN008A</b>	<b>Instruct abseiling on natural surfaces (single pitch)</b>
<b>SROODR006A</b>	<b>Manage risk in an outdoor activity</b>

**The units of competency in bold need only be achieved once, in a generic context, and do not need to be demonstrated in the context of single pitch abseiling.**

All other units must be assessed in a single pitch abseiling context.

Critical Aspects of a single pitch abseiling instructor's competence, include critical aspects of single pitch abseil guide PLUS:

- Monitoring of the organisation's Occupational Health and Safety policies, procedures and programs and suggesting modifications, where relevant
- Knowledge of the requirements of an instructor in potentially complex and challenging abseiling situations
- Group facilitation skills and conflict resolution strategies
- Knowledge of, and compliance with, laws and legal requirements
- Coordination of emergency response and performance of self rescue in complex situations, complex rescue of clients with assistance from others with minimal skills, raising and lowering of unconscious abseiler with minimal assistance, assisting in stretcher rescue)
- Demonstrate a knowledge of, and ability to apply, effective risk management strategies
- Knowledge of equipment storage and maintenance requirements relevant to abseiling equipment
- Ability to plan and instruct an abseiling session appropriate to the clients needs, available resources and environmental limitations

**Ability to demonstrate and teach the following:**

- Independent selection of abseil equipment appropriate to the situation and clients
- Underpinning knowledge about abseiling equipment (advantages, disadvantages, limitations)
- Information about sites to abseil (appropriate to skill level)
- Selection of natural anchors (eg, trees, rock bollards) and fixed anchors (eg, bolts, chains)
- Rigging of ropes using single and multiple anchors
- Establishment of belay systems at the top of the pitch
- Establishment of belay systems at the bottom of the pitch
- Efficient belaying of clients to accommodate different client abilities and situations
- Maintenance of a client's physical and emotional safety during an abseiling session
- Efficient abseiling in single pitch situations using a self belay
- Knowledge of, and ability to perform, vertical rescue techniques appropriate to single pitch abseiling.

*(a) Leadership and Management Skills*

<b>Unit of competency</b>	<b>Aspects to be addressed</b>
<b>BSZ404A Train Small Groups</b>	<ol style="list-style-type: none"> <li>1. Prepare for training</li> <li>2. Deliver training</li> <li>3. Provide opportunities for practice</li> <li>4. Review training</li> </ol>
<b>SRXEMR002A Coordinate emergency response</b>	<ol style="list-style-type: none"> <li>1. Coordinate response to emergency reports or signals</li> <li>2. Anticipate the behaviour and characteristics of typical emergencies</li> <li>3. Coordinate and apply operating instructions</li> <li>4. Coordinate the rescue procedure</li> <li>5. Coordinate, initiate and control evacuation</li> <li>6. Coordinate operational procedures</li> </ol>
<b>SRXGRO003A Provide leadership to groups</b>	<ol style="list-style-type: none"> <li>1. Demonstrate appropriate standards of performance</li> <li>2. Influence individuals and groups</li> <li>3. Make decisions</li> <li>4. Facilitate group decision making</li> </ol>

	5. Demonstrate appropriate leadership styles
<b>SRXOHS002B Implement and monitor the organisation's Occupational Health and Safety policies, procedures and programs</b>	<ol style="list-style-type: none"> <li>1. Provide information to the work group about Occupational Health and Safety and the organisation's Occupational Health and Safety policies, procedures and programs</li> <li>2. Implement and monitor participative arrangements for the management of Occupational Health and Safety</li> <li>3. Implement and monitor the organisation's procedures for identifying hazards and assessing risks</li> <li>4. Implement and monitor the organisation's procedures for controlling risks</li> <li>5. Implement the organisation's procedures for dealing with hazardous events</li> <li>6. Implement and monitor the organisation's procedures for providing Occupational Health and Safety training</li> <li>7. Implement and monitor the organisation's procedures for maintaining Occupational Health and Safety records</li> </ol>

*(b) Outdoor recreation and single-pitch abseiling specific skills*

<b>Unit of competency</b>	<b>Aspects to be addressed</b>
SROABN008A Instruct abseiling on natural surfaces (single pitch)	<ol style="list-style-type: none"> <li>1. Plan an instructional session for teaching abseiling skills on natural surfaces</li> <li>2. Select appropriate resources required to teach abseiling skills on natural surfaces</li> <li>3. Introduce an instructional abseiling session on natural surfaces</li> <li>4. Conduct an instructional abseiling session on natural surfaces</li> <li>5. Apply appropriate teaching techniques for an abseiling session on natural surfaces</li> <li>6. Teach required knowledge that applies to an abseiling activity</li> <li>7. Teach safety and rescue procedures appropriate to an abseiling activity</li> <li>8. Teach abseiling skills (for natural surfaces)</li> <li>9. Communicate further abseiling knowledge (for natural surfaces)</li> <li>10. Conclude and evaluate the abseiling instructional session</li> </ol>
<b>SROODR006A Manage risk in an outdoor activity</b>	<ol style="list-style-type: none"> <li>1. Demonstrate knowledge of the role of risk theory in the context of outdoor activities</li> <li>2. Examine the adventure experience and its link to risk in outdoor activities</li> <li>3. Apply knowledge of accidents</li> <li>4. Identify and record potential risks and hazards in an activity, and management strategies to lessen their impact</li> <li>5. Apply risk management during an outdoor</li> </ol>

<b>Unit of competency</b>	<b>Aspects to be addressed</b>
	activity 6. Evaluate risk management

## MULTI PITCH ABSEILING GUIDE (NATURAL SURFACES)

### Description:

A person designated as a Multi Pitch Abseiling Guide (Natural Surfaces) within the National Outdoor Leader Registration Scheme has the competencies that enable them to operate within a broad range of varied contexts that may be complex and non-routine. Leadership and guidance are involved when organising activities of self and others, as well as contributing to technical solutions of a non-routine or contingency nature.

A person with this level of competence may perform a broad range of skilled applications. These may include the evaluation and analysis of current practices, development of new criteria and procedures for performing current practices and provision of some leadership and guidance to others in the application and planning of the skills.

Multi pitch abseiling guides may work independently at a broad range of venues with a variety of different client groups. Persons with this level of competency have the ability to deal with complex, unpredictable and non-routine situations. Persons with this level of competence may work at sites which:

- Have natural, fixed or artificial anchors;
- Are multi-pitch;
- Have the potential to provide non-routine situations (eg, adverse weather conditions, complex rescue situations).

### Knowledge and Skill requirements:

A multi-pitch abseiling guide requires single-pitch abseiling guide competencies **PLUS**:

(a) *Leadership & Management skills*

Unit Code	Unit Title
<b>SRXEMR002A</b>	<b>Coordinate emergency response</b>
<b>SRXGRO003A</b>	<b>Provide Leadership to Groups</b>
<b>SRXOHS002B</b>	<b>Implement and monitor the organisation's Occupational Health and Safety policies, procedures and programs</b>

(b) *Outdoor recreation and abseiling specific skills*

Unit Code	Unit Title
SROABN005A	Apply multi pitch abseiling skills on natural surfaces
SROABN006A	Establish ropes for multi pitch abseiling on natural surfaces
SROABN009A	Guide abseiling on natural surfaces (multi pitch)
<b>SROODR003A</b>	<b>Plan outdoor recreation activities (advanced)</b>
<b>SROODR006A</b>	<b>Manage risk in an outdoor activity</b>
<b>SROVTR002A</b>	<b>Perform complex vertical rescues</b>

**The units of competency in bold need only be achieved once, in a generic context, and do not need to be demonstrated in the context of multi pitch abseiling.**

All other units must be assessed in a multi pitch abseiling context.

Critical Aspects of a multi pitch abseiling guide's competence, include critical aspects of single pitch abseiling guide **PLUS**:

- Monitoring of the organisation's Occupational Health and Safety policies, procedures and programs and suggesting modifications, where relevant

- Application of risk analysis principles in a multi-pitch abseiling context
- Demonstrate a knowledge of, and ability to apply, effective risk management strategies
- Knowledge of the requirements of a guide in potentially complex and challenging abseiling situations
- Coordination of emergency response and performance of self rescue in complex situations, complex rescue of clients with assistance from others with minimal skills, raising and lowering of unconscious abseiler with minimal assistance, assisting in stretcher rescue)
- Ability to plan and guide single and multi pitch abseiling trips
- Application of an extensive knowledge of equipment and discrimination between features of different equipment
- Selection of natural and fixed anchors and placement of artificial protection for anchors in single and multi-pitch situations
- Establishment of belay systems in single and multi-pitch situations
- Rigging of ropes using single and multiple anchors (natural, fixed and artificial) in single and multi-pitch situations
- Maintenance of a client's physical and emotional safety during abseiling sessions in a diversity of situations (eg, bad weather, extended periods of time)
- Efficient abseiling in single and multi pitch, routine and non-routine situations.

*(a) Leadership and Management skills*

<b>Unit of competency</b>	<b>Aspects to be addressed</b>
<b>SRXEMR002A</b> <b>Coordinate emergency response</b>	<ol style="list-style-type: none"> <li>1. Coordinate response to emergency reports or signals</li> <li>2. Anticipate the behaviour and characteristics of typical emergencies</li> <li>3. Coordinate and apply operating instructions</li> <li>4. Coordinate the rescue procedure</li> <li>5. Coordinate, initiate and control evacuation</li> <li>6. Coordinate operational procedures</li> </ol>
<b>SRXGRO003A</b> <b>Provide leadership to groups</b>	<ol style="list-style-type: none"> <li>1. Demonstrate appropriate standards of performance</li> <li>2. Influence individuals and groups</li> <li>3. Make decisions</li> <li>4. Facilitate group decision making</li> <li>5. Demonstrate appropriate leadership styles</li> </ol>
<b>SRXOHS002B</b> <b>Implement and monitor the organisation's Occupational Health and Safety policies, procedures and programs</b>	<ol style="list-style-type: none"> <li>1. Provide information to the work group about Occupational Health and Safety and the organisation's Occupational Health and Safety policies, procedures and programs</li> <li>2. Implement and monitor participative arrangements for the management of Occupational Health and Safety</li> <li>3. Implement and monitor the organisation's procedures for identifying hazards and assessing risks</li> <li>4. Implement and monitor the organisation's procedures for controlling risks</li> <li>5. Implement the organisation's procedures for dealing with hazardous events</li> <li>6. Implement and monitor the organisation's procedures for providing Occupational Health and Safety training</li> <li>7. Implement and monitor the organisation's procedures for maintaining Occupational Health and Safety records</li> </ol>

(b) Outdoor recreation and abseiling specific skills

Unit of competency	Aspects to be addressed
SROABN005A Apply multi pitch abseiling skills on natural surfaces	<ol style="list-style-type: none"> <li>1. Plan for the activity</li> <li>2. Select, fit and use abseiling equipment</li> <li>3. Demonstrate correct abseiling technique</li> <li>4. Avoid hazards when abseiling</li> <li>5. Apply safety procedures</li> </ol>
SROABN006A Establish ropes for multi pitch abseiling on natural surfaces	<ol style="list-style-type: none"> <li>1. Choose solid and secure natural, fixed and/or artificial anchors</li> <li>2. Select and set up a belay system</li> <li>3. Rig rope pitches for safety and ease of use</li> </ol>
SROABN009A Guide abseiling on natural surfaces (multi pitch)	<ol style="list-style-type: none"> <li>1. Plan an abseiling activity for clients</li> <li>2. Select appropriate equipment for the group</li> <li>3. Establish the abseil</li> <li>4. Brief clients</li> <li>5. Maintain the welfare of the group</li> <li>6. Lead an abseiling activity safely</li> <li>7. Conduct activity in a professional manner</li> <li>8. Complete post-trip responsibilities</li> </ol>
<b>SROODR003A Plan outdoor recreation activities (advanced)</b>	<ol style="list-style-type: none"> <li>1. Make logistical arrangements</li> <li>2. Select and use suitable outdoor equipment</li> <li>3. Identify, plan and monitor food requirements</li> <li>4. Identify and plan for water needs and usage</li> <li>5. Identify and plan clothing requirements</li> <li>6. Participate in an outdoor activity</li> <li>7. Deal with non-routine situations</li> </ol>
<b>SROODR006A Manage risk in an outdoor activity</b>	<ol style="list-style-type: none"> <li>1. Demonstrate knowledge of the role of risk theory in the context of outdoor activities</li> <li>2. Examine the adventure experience and its link to risk in outdoor activities</li> <li>3. Apply knowledge of accidents</li> <li>4. Identify and record potential risks and hazards in an activity, and management strategies to lessen their impact</li> <li>5. Apply risk management during an outdoor activity</li> <li>6. Evaluate risk management</li> </ol>
<b>SROVTR002A Perform complex vertical rescues</b>	<ol style="list-style-type: none"> <li>1. Determine appropriate rescue technique</li> <li>2. Establish rescue system</li> <li>3. Perform vertical rescues</li> </ol>

## MULTI PITCH ABSEILING INSTRUCTOR (NATURAL SURFACE)

### Description:

A person designated as a Multi Pitch Abseiling Instructor (Natural Surfaces) within the National Outdoor Leader Registration Scheme has the competencies to instruct clients in order that they may acquire abseiling skills or abseil guiding skills to enable independent operation.

A person with this level of competence may instruct clients to achieve the following outcomes:

- Abseiling participant (single pitch)
- Abseiling participant (multi pitch)
- Single pitch abseiling guide
- Multi pitch abseiling guide.

### Knowledge and skill requirements:

A multi pitch abseiling instructor requires single pitch abseiling instructor competencies **PLUS:**

(a) *Leadership & Management skills* - Nil

(b) *Outdoor recreation and abseiling specific skills*

Unit Code	Unit Title
SROABN005A**	Apply multi pitch abseiling skills on natural surfaces
SROABN006A**	Establish ropes for multi pitch abseiling on natural surfaces
SROABN010A	Instruct abseiling on natural surfaces (multi pitch)
<b>SROODR003A</b>	<b>Plan outdoor recreation activities (advanced)</b>
<b>SROVTR002A</b>	<b>Perform complex vertical rescues</b>

\*\**(not required if already achieved through Multi Pitch Abseiling Guide)*

**The units of competency in bold need only be achieved once, in a generic context, and do not need to be demonstrated in the context of multi pitch abseiling.**

All other units must be assessed in a multi pitch abseiling context

Critical Aspects of an abseiling instructor's competence include critical aspects of single pitch abseiling instructor PLUS:

- Monitoring of the organisation's Occupational Health and Safety policies, procedures and programs and suggesting modifications, where relevant
- Application of risk analysis principles in a multi-pitch abseiling context
- Knowledge of the requirements of an instructor in potentially complex and challenging abseiling situations
- Coordination of emergency response and performance of self rescue in complex situations, complex rescue of clients with assistance from others with minimal skills, raising and lowering of unconscious abseiler with minimal assistance, assisting in stretcher rescue)
- Ability to plan and instruct single and multi pitch abseiling sessions appropriate to clients needs, available resources and environmental limitations

### Ability to demonstrate and teach the following:

- Application of an extensive knowledge of equipment and discrimination between features of different equipment

- Selection of natural and fixed anchors and placement of artificial protection for anchors in single and multi-pitch situations
- Establishment of belay systems in single and multi-pitch situations
- Rigging of ropes using single and multiple anchors (natural, fixed and artificial) in single and multi-pitch situations
- Maintenance of a client's physical and emotional safety during abseiling sessions in a diversity of situations (eg, bad weather, extended periods of time)
- Efficient abseiling in single and multi pitch, routine and non-routine situations

*(a) Leadership and Management skills*

<b>Unit of competency</b>	<b>Aspects to be addressed</b>
<b>SRXEMR002A</b> <b>Coordinate emergency response</b>	<ol style="list-style-type: none"> <li>1. Coordinate response to emergency reports or signals</li> <li>2. Anticipate the behaviour and characteristics of typical emergencies</li> <li>3. Coordinate and apply operating instructions</li> <li>4. Coordinate the rescue procedure</li> <li>5. Coordinate, initiate and control evacuation</li> <li>6. Coordinate operational procedures</li> </ol>
<b>SRXGRO003A</b> <b>Provide Leadership to Groups</b>	<ol style="list-style-type: none"> <li>1. Demonstrate appropriate standards of performance</li> <li>2. Influence individuals and groups</li> <li>3. Make decisions</li> <li>4. Facilitate group decision making</li> <li>5. Demonstrate appropriate leadership styles</li> </ol>
<b>SRXOHS002B</b> <b>Implement and monitor the organisation's Occupational Health and Safety policies, procedures and programs</b>	<ol style="list-style-type: none"> <li>1. Provide information to the work group about Occupational Health and Safety and the organisation's Occupational Health and Safety policies, procedures and programs</li> <li>2. Implement and monitor participative arrangements for the management of Occupational Health and Safety</li> <li>3. Implement and monitor the organisation's procedures for identifying hazards and assessing risks</li> <li>4. Implement and monitor the organisation's procedures for controlling risks</li> <li>5. Implement the organisation's procedures for dealing with hazardous events</li> <li>6. Implement and monitor the organisation's procedures for providing Occupational Health and Safety training</li> <li>7. Implement and monitor the organisation's procedures for maintaining Occupational Health and Safety records</li> </ol>

(b) Outdoor recreation and abseiling specific skills

Unit of competency	Aspects to be addressed
SROABN005A Apply multi pitch abseiling skills on natural surfaces	<ol style="list-style-type: none"> <li>1. Plan for the activity</li> <li>2. Select, fit and use abseiling equipment</li> <li>3. Demonstrate correct abseiling technique</li> <li>4. Avoid hazards when abseiling</li> <li>5. Apply safety procedures</li> </ol>
SROABN006A Establish ropes for multi pitch abseiling on natural surfaces	<ol style="list-style-type: none"> <li>1. Choose solid and secure natural, fixed and/or artificial anchors</li> <li>2. Select and set up a belay system</li> <li>3. Rig rope pitches for safety and ease of use</li> </ol>
SROABN010A Instruct abseiling on natural surfaces (multi pitch)	<ol style="list-style-type: none"> <li>1. Plan an instructional session for teaching abseiling skills on natural surfaces</li> <li>2. Select appropriate resources required to teach abseiling skills on natural surfaces</li> <li>3. Introduce an instructional abseiling session on natural surfaces</li> <li>4. Conduct an instructional abseiling session on natural surfaces</li> <li>5. Apply appropriate teaching techniques for an abseiling session on natural surfaces</li> <li>6. Teach required knowledge that applies to an abseiling activity</li> <li>7. Teach safety and rescue procedures appropriate to an abseiling activity</li> <li>8. Teach abseiling skills (for natural surfaces)</li> <li>9. Communicate further abseiling knowledge (for natural surfaces)</li> <li>10. Conclude and evaluate the abseiling instructional session</li> </ol>
<b>SROODR003A Plan outdoor recreation activities (advanced)</b>	<ol style="list-style-type: none"> <li>1. Make logistical arrangements</li> <li>2. Select and use suitable outdoor equipment</li> <li>3. Identify, plan and monitor food requirements</li> <li>4. Identify and plan for water needs and usage</li> <li>5. Identify and plan clothing requirements</li> <li>6. Participate in an outdoor activity</li> <li>7. Deal with non-routine situations</li> </ol>
<b>SROVTR002A Perform complex vertical rescues</b>	<ol style="list-style-type: none"> <li>1. Determine appropriate rescue technique</li> <li>2. Establish rescue system</li> <li>3. Perform vertical rescues</li> </ol>